



SWEET POTATO GRANOLA BAR

Servings: 200

INGREDIENTS

- 11 pounds gluten free locally sourced oats
- 7.5 pounds locally sourced sweet potatoes
- 6.5 pounds locally sourced maple syrup
- 0.5 ounces cinnamon, ground
- 0.5 ounces ginger, ground
- 1 ounce nutmeg, ground

DIRECTIONS

Roast sweet potatoes whole in the oven on 425 degrees and peel. Goal is to caramelize the area between the skin and sweet potato.

Mix all ingredients in a bowl.

Pat mixture into sheet pans and bake at 350 degrees for 20 min.

SHOPPING LIST

Locally sourced oats

Locally sourced sweet potatoes

Locally sourced maple syrup

Cinnamon, ground

Ginger, ground

Nutmeg, ground